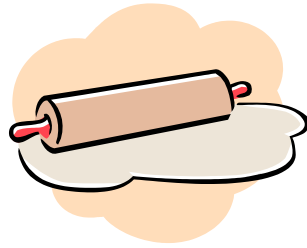


Learning Together Through Play - Play Dough



To make the dough:

- 2 cups flour, 2 cups water, 1 cup table salt, 2 tbsp cooking oil, 2 tbsp cream of tartar mixed together in a saucepan with a wooden spoon.
- Stir over medium heat until the mixture becomes thick and doughy.
- Turn out onto a lightly floured board and knead well when cool.
- Store in an airtight container and it will last for ages!

Hints:

- Add a few drops of food colouring to the mixture before cooking.
- Add texture by kneading in rice, sand, lentils or glitter.
- Add smell by adding a few drops of essence e.g. peppermint, vanilla.

Encourage your child to explore the dough using rolling pins, garlic crushers, biscuit cutters, potato mashers, lolly sticks, bun cases etc.

Words to use: squeeze, roll, press, pinch, shape, cut, push, twist.

Supervise your children to make sure they don't put it in their mouths.

This activity will help your child develop skills in these areas:

- Creative development - through senses of touch, sight, smell
- Knowledge and Understanding - investigating and shaping the dough
- Language, Literacy and Communication skills - talking about what they do
- Personal and Social development - through their interest
- Physical development - hand eye co-ordination

HAVE FUN!