

| Week 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------|---|---|--|---|--|
| Main Meal | Chicken & Tomato Pasta Bake | Beef Lasagne OR Beef Chilli Con Carne with 50/50 Rice | Roast Gammon with Roast Potatoes & Gravy | Chicken & Vegetable Stir Fry with 50/50 Rice | Fish Fingers & Chips |
| Vegetarian Main Meal | Vegetarian Quesadillas | Classic Ratatouille & Spaghetti | Roast Vegetable Filo Parcels with Roast Potatoes | Margherita Pizza Focaccia with Baked Wedges | Traditional Cheese Quiche & Chips |
| Vegetables | Green Beans | Broccoli | Seasonal Vegetables | Garden Peas | Baked Beans |
| Jacket Potatoes | Cheese, Baked Beans or Tuna Mayo | Cheese, Baked Beans or Tuna Mayo | Cheese, Baked Beans or Tuna Mayo | Cheese, Baked Beans or Tuna Mayo | Cheese, Baked Beans or Tuna Mayo |
| Pudding | Vanilla Sponge with Custard | Orange Mandarin Jelly | Fruit Yoghurt | Apple Sponge with Custard | Chocolate Cookie |
| Pick & Mix Sandwiches & Dessert | Ham Roll / Cheese Roll Vanilla Sponge with Custard | Chicken Roll / Egg Mayonnaise Roll Orange Mandarin Jelly | Ham Roll / Cheese Roll Fruit Yoghurt | Tuna Mayonnaise Roll / Cheese Roll Apple Sponge with Custard | Ham Roll / Egg Mayonnaise Roll Chocolate Cookie |