

Week 3		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Beef Bolognese with 50/50 Pasta	Sweet & Sour Chicken with 50/50 Rice OR Beef Meatballs with 50/50 Rice	Roast Turkey with Mashed Potatoes & Gravy	<del>Beef Cottage Pie With Root Vegetable Mash</del> <i>mac + cheese</i>	Fish & Chips	
Vegetarian Main Meal	Roasted Vegetable Bolognese with 50/50 Pasta	Margherita Pizza Focaccia with Baked Wedges	Vegan Sausage Puff with Mashed Potatoes	Vegetable & Lentil Cottage Pie	Veggie Burger & Chips	
Vegetables	Broccoli	Carrots	Seasonal Vegetables	Garden Peas	Baked Beans	
Jacket Potatoes	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo	Cheese, Baked Beans or Tuna Mayo	
Pudding	Vanilla Sponge with Custard	Orange Mandarin Jelly	Fruit Yoghurt	Jam Sponge with Custard	Chocolate Brownie	
Pick & Mix Sandwiches & Dessert	Ham Roll / Cheese Roll Vanilla Sponge with Custard	Chicken Roll / Egg Mayonnaise Roll Orange Mandarin Jelly	Ham Roll / Cheese Roll Fruit Yoghurt	Tuna Mayonnaise Roll / Cheese Roll Jam Sponge with Custard	Ham Roll / Egg Mayonnaise Roll Chocolate Brownie	