



UPDATE FROM MR ASKEW

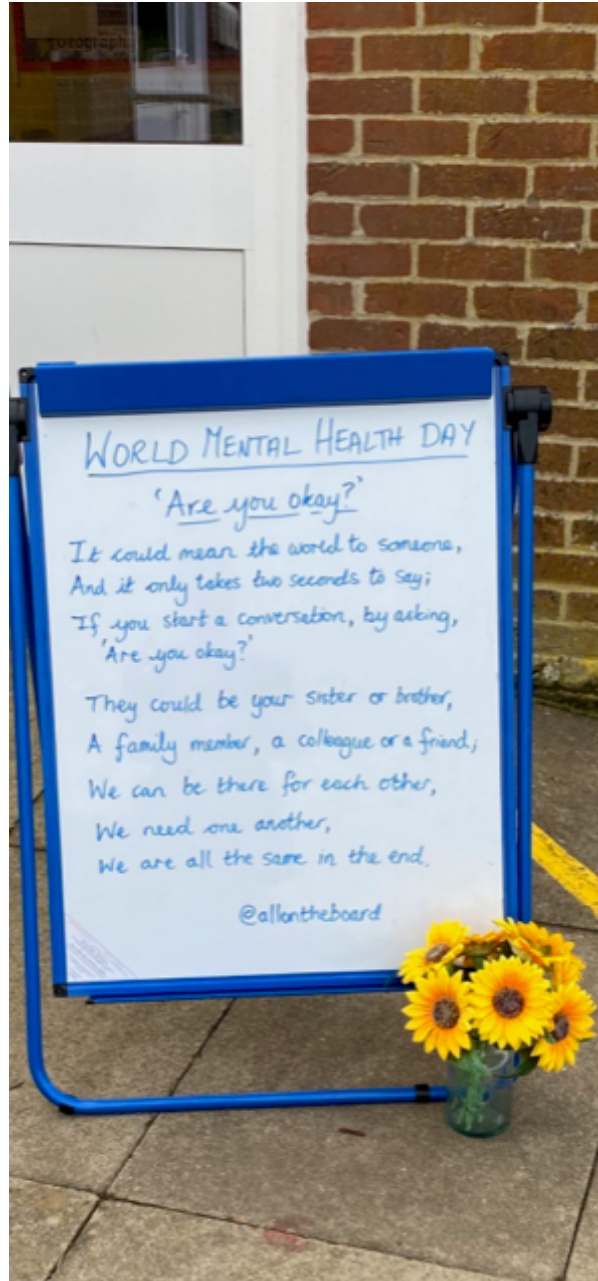
The autumn term is now well underway, and I wanted to take this opportunity to share with you some of the operational things that are going on behind the scenes that contribute towards supporting every child do their best.

We have held Pupil Progress Meetings for every class. This involves Mrs Heijne (Assessment Lead), SENCo and the class teachers, who discuss every pupil's academic progress and emotional wellbeing. Class teachers then put in individual plans and class approaches, to support pupils reach their potential.

We are also developing a coaching culture between staff as part of our professional development approach. One of the ways we apply this is through our Teaching and Learning Review days, which involves teachers meeting with our Teaching and Learning Lead, reflecting on their current class context, the recent conversations held during Pupil Progress Meetings, and any specific areas as a class teacher they would like to develop.

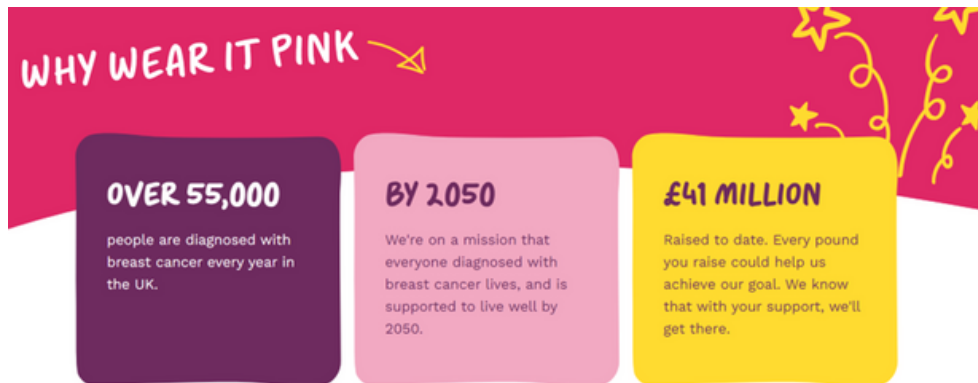
As you will know it was World Mental Health Day yesterday, and a reminder to all of us that we should all be managing our mental health and checking in with each other. I hope everyone is well, and please

BOTTISHAM PRIMARY SCHOOL NEWSLETTER



On Thursday we promoted the importance of mental health

Fundraising for charity



Your paragraph text

Dear Parents and Carers

Breast Cancer Awareness Month is here (October), which means the return of wear it pink – Breast Cancer Now’s biggest and brightest fundraising event on Friday 18 October.

We would like to invite the children to wear pink for the day and donate £1 to the Addenbrookes Breast Cancer Unit in Cambridge to help with life-saving research. As always the money is a donation and if you don’t have anything pink that is not an issue.

We will not be discussing this in any detail with pupils , but simply explaining to the children that sometimes people become unwell and need to visit a doctor or a hospital. Therefore we are raising money for our local hospital to help support pupils understanding of kindness and empathy.

Thank you for your support with this incredibly worthy cause!
Mrs Childs

Data Protection

Thank you to parents for completing the data collection sheets regards use of photographs. We will be reminding parents who have not yet completed these forms to do so over the next few weeks. Can we also remind you that you can opt out at any time for your child’s photograph to be used by any third party



BIG BIOLOGY DAY

Saturday 12 October 2024 From 10am - 4pm

- A free, fun-packed, educational day of biology
- Get hands-on with science activities
- Talk to research scientists, health professionals and other experts
- Learn about different careers in biology
- Meet birds of prey



Hills Road Sixth Form College, Cambridge CB2 8PE
NO PARKING IS AVAILABLE ON SITE
📍 www.facebook.com/BigBiologyDay

Hills Road Sixth Form College Cambridge | 50 CELEBRATING 50 YEARS OF SIXTH FORM EDUCATION EST. 1974 | AstraZeneca | Cambridge Biologists | UNIVERSITY OF CAMBRIDGE | CAMBRIDGE FESTIVAL

Check out our latest Wake Up Wednesday guide

[What Parents and Educators Need to Know about Instagram \(nationalcollege.com\)](https://nationalcollege.com)

[What You Need to Know about Instagram | Free Guide \(nationalcollege.com\)](https://nationalcollege.com)

What Parents & Educators Need to Know about INSTAGRAM

AGE RESTRICTION
13+

Instagram is a highly popular social media platform with over 2 billion active monthly users. The app is continuously updating and adding new features to meet the wishes of its audience, allowing them to upload images and videos to their Instagram feed, create interactive 'stories', go live, exchange private messages or explore and follow other accounts that catch their eye.

WHAT ARE THE RISKS?

ADDICTION

Many social media platforms, Instagram included, are designed to keep us engaged on them for as long as possible. They encourage scrolling often and scrolling more in case we miss something important – in essence, a fear of missing out. On Instagram, young people can lose track of time when aimlessly scrolling and watching videos posted by friends, acquaintances, influencers and possibly strangers.

UNREALISTIC IDEALS

Children sometimes compare themselves to what they see online: how they look, how they dress, and the way their life is going in comparison to others on social media. However, most people only share the positives about their lives online and many use filters when sharing pictures of themselves. A constant comparison with unrealistic ideals can lead to insecurity over one's own appearance and lifestyle.

GOING LIVE

Livestreaming on Instagram allows users to connect with friends and followers in real time. Risks increase if the account is public, because that means anyone can watch the broadcast, which could result in further contact from strangers. Additional dangers of going live include an impulse to act inappropriately to draw more viewers, as well as being exposed to harmful content or offensive language.

INFLUENCER CULTURE

Social media influencers are sometimes paid thousands of pounds to promote products, services, apps and more. When celebrities or influencers post such content, it often says 'paid partnership' above the post. In April 2024, Ofcom found that over a quarter of children (27%) believed in influencer marketing, accepting their endorsement of products wholeheartedly. So it's perfectly possible for young people to be taken in by this kind of content.

PRODUCT TAGGING

Product tags allow users to tag a product or business in their post. This tag will take viewers directly to the product detail page on the shop where the item can be purchased. Children may also be encouraged by influencers to purchase products that they advertise.

EXCLUSION & OSTRACISM

Youngsters are highly sensitive to feeling excluded, which comes in many forms: not receiving as many 'likes' as expected; not being tagged in a friend's photo; being unfriended; not receiving a comment on their post or a reply to a message they sent. Being excluded online hurts just as much as offline. Young people have reported lower moods and self-esteem when excluded in this way, feeling as if they don't belong and aren't valued.

Advice for Parents & Educators

AVOID GOING PUBLIC

If a young user wants to share their clothing style, make up or similar and use product tagging to show off the items in their post, they may be tempted to change their settings to public. This leaves their profile visible to everyone, which carries the risk of strangers getting in touch with them. Set a child's account to private and explain the importance of keeping it this way.

HAVE AN OPEN DIALOGUE

Talk to children about the positives and negatives of social media, including the risks involved and how they can view or create content safely with family and friends. Explain how safety settings will ensure only followers can view them, and why this is so important. Also, if you find a child continuously uses filters on their photos, ask them why and impress on them that they don't need it.

MANAGE LIKE COUNTS

Due to the potential impact on mental wellbeing, Instagram allows users to hide the total likes on their posts, to prevent people from obsessing over that number in the corner. Users can hide like counts on all the posts in their feed as well as on their own posts. This means others can't see how many likes a person gets. This can be done by going into Settings > Notifications > Posts > Likes > Off.

USE MODERATORS

Instagram Live has implemented a mechanic called 'Moderators', meaning that creators can assign a moderator and give them the power to report comments, remove viewers and remove the ability for certain viewers to comment at all. Consider this if a child in your care wants to go live on the platform. It's also recommended to keep devices in communal spaces so you're aware if a child does go live or watch a livestream.

FOLLOW INFLUENCERS

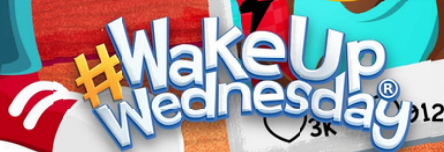
Following influencers will allow you to monitor what they're sharing as well as being able to discuss anything which you deem inappropriate. Talk to children about who they follow and help them to develop critical thinking skills about what the influencer is trying to do. For example, encourage the child to ask themselves if an influencer is trying to sell them a product when they make a video endorsing it.

BALANCE YOUR TIME

Instagram has a built-in activity dashboard that lets you control how much time is spent on the app. Make sure children sign in to the platform with the correct age, as Instagram's 'Teen Accounts' afford much more control for parents and carers over how long they can use the app each day. Talk with young users about how much time they spend on Instagram and work together to set a healthy time limit.

Meet Our Expert

Dr. Claire Sutherland is an online safety consultant at BCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



The National College



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available at
**BOTTISHAM
COMMUNITY
PRIMARY SCHOOL**



For further information,
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Before and After School Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School 8am – 8:45am	Gymnastics with Premier (Reception – Year 6)		Targets club with Mr Green (Year 1 – Year 6)	Dance and Drama with Premier (Reception – Year 6)	
After School 3:25pm – 4:30pm	Football Club (Year 3 – Year 4)	Dodgeball Club (Year 5 – Year 6)	Netball Club (Year 3 – Year 6)	Forest school club (Year 5 – 6) Multi Sports (Year 1 – Year 2)	

Monday Before school Gymnastics with Premier (R-6) – 10 weeks

Monday 23rd September, Monday 30th September, Monday 7th October, Monday 12th October, Monday 4th November, Monday 11th November, Monday 18th November, Monday 25th November, Monday 2nd December & Monday 9th December

NO CLUB - Monday 21st October

Monday After school Football with Mr Green (3-4) – 11 weeks

Monday 23rd September, Monday 30th September, Monday 7th October, Monday 12th October, Monday 21st October, Monday 4th November, Monday 11th November, Monday 18th November, Monday 25th November, Monday 2nd December & Monday 9th December

Tuesday After school Dodgeball with Mr Green (5-6) – 10 weeks

Tuesday 1st October, Tuesday 8th October, Tuesday 15th October, Tuesday 22nd October, Tuesday 5th November, Tuesday 12th November, Tuesday 19th November, Tuesday 26th November, Tuesday 3rd December & Tuesday 10th December

NO CLUB - Tuesday 24th September – Parents evening

Wednesday Before school Targets with Mr Green (1-2) – 11 weeks

Wednesday 25th September, Wednesday 2nd October, Wednesday 9th October, Wednesday 16th October, Wednesday 23rd October, Wednesday 6th November, Wednesday 13th November, Wednesday 20th November, Wednesday 27th November, Wednesday 4th December & Wednesday 11th December.

Wednesday After school Netball with Mr Green (3-6) – 10 weeks

Wednesday 25th September, Wednesday 2nd October, Wednesday 16th October, Wednesday 23rd October, Wednesday 6th November, Wednesday 13th November, Wednesday 20th November, Wednesday 27th November, Wednesday 4th December & Wednesday 11th December.

NO CLUB - Wednesday 9th October

Thursday Before school Dance and Drama with Premier (R-6) – 11 weeks

Thursday 26th September, Thursday 3rd October, Thursday 10th October, Thursday 17th October, Thursday 24th October, Thursday 7th November, Thursday 14th November, Thursday 21st November, Thursday 28th November, Thursday 5th December & Thursday 12th December.

Thursday After school Multi-Sports with Mr Green (1-2) – 9 weeks

Thursday 3rd October, Thursday 10th October, Thursday 17th October, Thursday 7th November, Thursday 14th November, Thursday 21st November, Thursday 28th November, Thursday 5th December & Thursday 12th December.

NO CLUB - Thursday 26th September – Parents evening

NO CLUB – Thursday 24th October – School Disco

Thursday After school Forest School with Louise Crook (5-6) – 5 weeks

Thursday 26th September, Thursday 3rd October, Thursday 10th October, Thursday 17th October, Thursday 24th October

Attendance

This year we have set an ambitious target of 96% for the our overall school attendance for the year. The national benchmark is 95%, and last year our attendance was 94%

Current attendance in each Year Group:

Reception - 94.4

Year 1 - 97.5

Year 2 - 95.4

Year 3 - 95.5

Year 4 - 97.5

Year 5 - 95.4

Year 6 - 97.3

Acorn Class World Mental Health Day



The children read 'The Smartest Giant in Town' and talked about kindness and the importance of sharing our feelings with others when we are sad, worried or frightened.

We take the Safeguarding of the pupils at Bottisham Community Primary School as our utmost priority. If you have any worries about a young person, please do not hesitate to contact the school and ask to speak to a member of our designated safeguarding team. Alternatively you can email head@bottishamprimary.org¹

Class Assemblies Autumn Term



All Year 5/6 assemblies will be in the Autumn term. They will be as follow:
Willow- 17th October, 2.45pm
Sycamore- 22nd October, 2.50pm
Maple- 7th November, 2.50pm

School Events

DATE	EVENT
Tuesday 15th October	Bentley Photographic - Individuals/Siblings
Thursday 17th October	Willow Class Assembly 2.45pm-3.15
Tuesday 22nd October	Vision Screening - Reception Class
Wednesday 23rd October	PTA School Disco - 5pm - 7.30pm
Friday 25th October	Inset Day - School Closed
Monday 28th October - Friday 1st November	Half Term - School Closed
Wednesday 6th November	Flu Vaccinations
Thursday 7th November	Maple Class <u>Assembly</u> 2.45pm - 3.15
Tuesday 12th November	Sycamore Class <u>Assembly</u> 2.45pm-3.15
Friday 15th November	Children in Need Day
Monday 18th November	Flu Mop up session
Monday 9th December	KS1 Nativity - 2.15-3pm
Tuesday 10th December	KS1 Nativity - 2.15-3pm
Wednesday 4th December	Year 3/4 History of the Page Day
Friday 6th December	PTA Christmas Fair
Thursday 12th December	Christmas Jumper Day
Thursday 12th December	KS Carol Service 6pm-7pm
Friday 13th December	Reception Sing Along - 9.30am - 10.00
Friday 13th December	PTA Elfridges
Tuesday 17th December	Rocksteady Concert - 9.30am - 10.15am
Wednesday/Thursday 18th/19th December	Year 4 Burwell House Trip
Thursday 19th December	Last day of Term