

MENU WEEK 1

SERVED W/C: 15th June, 6th July

Innovate IFG

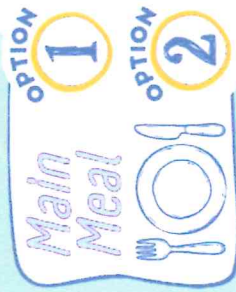
Monday

Tuesday

Wednesday

Thursday

Friday



Margherita pizza & oven baked wedges	Mixed bean bolognaise with penne pasta	Vegetable sausages with roast potatoes & gravy	Pea-powered vegetable stir fry with carrot rice	Vegetable nuggets, chips & tomato ketchup
Pepperoni pizza & oven baked wedges	Beef & lentil bolognaise with penne pasta	Roast gammon with roast potatoes & gravy	Creamy coconut chicken & chickpea curry with carrot rice	Fish fingers, chips & tomato ketchup
Broccoli	Carrots & peas	Carrot & cabbage	Broccoli & Cauliflower	Baked beans
Penne pasta with house tomato sauce	Penne pasta with a creamy cheese sauce	Creamy pesto penne pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce
Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Lemon shortbread biscuit	Chocolate & banana brownie sponge	Orange jelly & mandarins	Baked apple & cinnamon sponge	Strawberry yogurt & strawberry sauce

Available Every Day -

Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY Wholegrain Vegetarian
Nutritionist's Choice Vegan



MENU WEEK 2

SERVED W/C:

1st June, 22nd June, 13th July

Innovate IFG

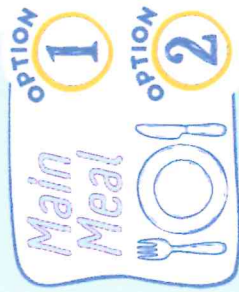
Monday

Tuesday

Wednesday

Thursday

Friday



Margherita pizza & oven baked wedges	Pea-powered vegetable pie & new potatoes	Cheesy cauliflower pasta bake	Lentil & sweet potato dahl with vegetable rice	Vegetable sausages, chips & tomato ketchup
Tomato, spinach & salmon pasta	Chicken & vegetable pie with new potatoes	Roast turkey breast, roast potatoes & gravy	Lemon & herb chicken with chickpeas & vegetable rice	Fish & chips with tomato ketchup
Broccoli	Peas	Carrots & cauliflower	Selection from the salad bar	Peas
Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Creamy pesto penne pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce
Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Watermelon Wedge	Oaty apple crumble & custard	Chocolate Mousse	Carrot cake with orange glaze	Raspberry jelly & mandarins

Available Every Day - Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY Wholegrain Vegetarian Vegan
Nutritionist's Choice



MENU WEEK 3

SERVED W/C: 8th June, 29th June

Innovate IFG

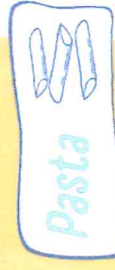
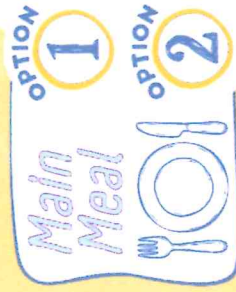
Monday

Tuesday

Wednesday

Thursday

Friday



Pea-powered mild chilli with rice	Vegetable sausages & mashed potatoes with gravy	Roast Quorn fillet with roast potatoes & gravy	Baked creamy mac 'n' cheese	Quorn dippers, chips & tomato ketchup
Mild beef & lentil chilli con carne with rice	Pork sausages (beef casing) with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	BBQ chicken loaded mac 'n' cheese	Fish fingers, chips & tomato ketchup
Sweetcorn	Peas & carrots	Broccoli & carrots	Selection from the salad bar	Baked Beans
Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Creamy pesto penne pasta
Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Chocolate Shortbread	Apple & summer berry crumble with custard	Strawberry yogurt & strawberry sauce	Raspberry jelly & mandarins	Chocolate fruit crispie cake

Available Every Day -

Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

